

# Baby Signs presents Sign, Say & Play I

(Ages: 6 mths to 2 yrs)

This class is a great way to start communicating with your child. Two decades of research show that the Baby Signs program helps babies to talk sooner, reduces frustration and builds trust, and jumpstarts intellectual development. It is a great class to begin building a relationship with your child. Recommended for ages 6 months to 24 months.

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2416.105 Tue, Sep 27- Nov 1 9:30am-10:15am

6 Week Session

\$55 City, \$65 Non-City Resident, plus \$77 supply fee

Instructor: Stacey Broughton Dorothy Hart Community Center

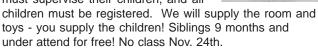
Registration begins: 8/21 City 8/28 Non-City

Wee Time!

(Ages: 10 mths to 4 yrs)

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Does your toddler need other children to play with? Is it time to hear a voice that's over 4 years old? Join us for this playgroup designed for parents with toddlers. Come and join this parent-driven, non-structured group providing experience for your little ones. Parents must supervise their children, and all



4722.130 Thur, Oct 6 - Nov 3 10:30am-11:30am 4722.140 Fri, Nov 17 - Dec 22 10:30am-11:30am

5 Week Sessions each (No class 11/24) \$11 City and Non-City Resident per child Dorothy Hart Community Center Instructor: Susanne Howlett

Registration begins: 8/21 City 8/28 Non-City

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#### Kindermusik - Our Time

(Ages: 1 1/2 yrs to 3 yrs)

Can you sound like an elephant? Or hop like a bunny? "Our Time" encourages your child to uncover an engaging musical world while building confidence, self-control and communication skills. Singing, imitating sounds, rhyming and object identification foster language skills. Creative movement to various musical "moods" develops a sense of balance, timing and spatial awareness. Listening and turn-taking encourage blossoming social skills. Most importantly, you will have spent a fun, interactive time together. No class Nov. 22nd.

4752.112 Wed, Sep 6 - Dec 20

10:30am-11:15am

16 Week Session (No class 11/22)

\$135 City, \$150 Non-City Resident, plus \$60 required materials

fee. \*Discount: 2nd sibling receives 10% off tuition.

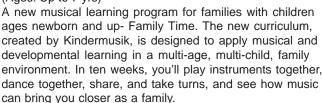
Dorothy Hart Community Center Instructor: Shelly Brooks

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Registration begins: 8/21 City 8/28 Non-City

# Kindermusik -Family Time

(Ages: Up to 7 yrs)



4752.111 Wed, Sep 13 - Nov 15 9:30am-10:15am

10 Week Session

\$90 City, \$105 Non-City Resident, plus \$70 required materials fee. \*Discount: 2nd sibling receives 10% off tuition, 3rd sibling receives 15% off tuition.

Dorothy Hart Community Center Instructor: Shelly Brooks

Registration begins: 8/21 City 8/28 Non-City Resident

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## International 1: Movement & Folk Dance

(Ages: 4 to 5 yrs)

This program gets young children moving and dancing to a wide variety of folk songs from around the world in a fun and exhilaration group setting. Countries include Mexico, Greece, Ghana, India, Bolivia, France, China. They play percussion instruments, and practice stepping and skipping to rhythms. They sing songs and explore the space around them. This is an excellent precursor to dance and additional performing music study.

5636.101 Wed, Oct 4 - Oct 25 1:00pm-2:00pm 5636.102 Thur, Oct 5 - Oct 26 10:00am-11:00am

4 Week Sessions each

\$40 City, \$53 Non-City Resident Dorothy Hart Community Center

Instructor: Kim Milai

Registration begins: 8/21 City 8/28 Non-City

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#### Americana I: Movement & Folk Dance

(Ages: 4 to 5 yrs)

This program gets young children moving and dancing to a wide variety of pieces in a fun and exhilarating group setting. Repertoire includes English, Afro-American and traditional American singing games, clapping chants, play parties, contra-line and elementary square dances. They play percussion instruments, and practice stepping and skipping to rhythms. They sing songs and explore the space around them. This is an excellent precursor to dance and additional performing music study. No class Nov. 22 and 23.

5636.103 Wed, Nov 1 - Nov 29 1:00pm-2:00pm 5636.104 Thur, Nov 2 - Nov 30 10:00am-11:00am

4 Week Sessions each (No class 11/22 or 11/23)

\$40 City, \$53 Non-City Resident Dorothy Hart Community Center

Instructor: Kim Milai

Fall 2006

Registration begins: 8/21 City 8/28 Non-City

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#### Kinder Dance

(Ages: 3 to 5 yrs)

Kinderdance is a planned developmental dance/movement program taught in 3 levels, stressing the basics of ballet, tap, and creative dance while blending educational concepts.

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4430.101 Tue, Sep 12 - Oct 10

1:30pm-2:15pm

4430.102 Tue, Sep 12 - Oct 10 2:30pm-3:15pm 4430.104 Tue, Oct 17 - Nov 14 1:30pm-2:15pm 4430.103 Tue, Oct 17 - Nov 14 2:30pm-3:15pm

5 Week Session each

\$65 City, \$75 Non-City Resident Dorothy Hart Community Center Instructor: Nicole Weidensaul

Registration begins: 8/21 City 8/28 Non-City

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# Ice Skating -Tot & Youth Beginner

Lessons

(Ages: 3 to 16 yrs)

These levels help a beginning skater learn to move across the ice forward and backward with confidence.

Gliding on a forward outside edge is something that will be taught, along with stopping, swizzles and one-foot glides. Classes held at the Fredericksburg Ice Park. \*With Every 4 wk. session, the child will receive 4 passes to come back and practice during public skating hours. Skate rental included in class fee. No class Nov. 22.

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#### Saturday Classes

1510.105	Sat, Sep 16 - Oct 7	10:35am-11:05am
1510.106	Sat, Oct 14 - Nov 4	10:35am-11:05am
1510.103	Sat, Nov 11 - Dec 9	10:35am-11:05am

**Wednesday Afternoon Classes** 

1510.108	Wed, Sep 13 - Oct 4	4:50pm-5:20pm
1510.107	Wed, Oct 11 - Nov 1	4:50pm-5:20pm
1510.104	Wed, Nov 8 - Nov 29	4:50pm-5:20pm

4 Week Sessions each (No class 11/22) \$60 City, \$65 Non-City Resident per session

Fredericksburg Ice Park Instructor: Ice Park Staff

Registration begins: 8/21 City 8/28 Non-City

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# Friday, October 20

\$5.00 each (adults & children)
Children 5 - 12 and their parents!
Meet at National Guard Armory
Shuttle bus to Alum Spring Park
(Raindate: Saturday, October 21st)

Advance Ticket Sales Only!
The tickets you purchase have your reserved bus departure time. If you are buying group tickets, we recommend buying them at one time. Bus times are assigned with advance ticket sales only - and are NOT assigned on Hobgoblin Night.

Ticket Sales begin: 8/21 City 8/28 Non-City Residents

Get ready for a fun and frightful night at this year's Hobgoblin Hike! Meet and Park at the National Guard Armory. Purchase your ticket based on the TIME your BUS will be leaving the armory (between 7 and 9pm). Be sure to arrive about 20 minutes early so you can enjoy a few minutes of entertainment and snacks (for sale) before your brief ride to Alum Spring Park. The hike is designed for children 5 - 12, but fun for everyone! Trailguides will lead small groups along a magical, lantern-lit trail with various stops at stations where characters perform brief, often humorous but a bit ghoulish skits. A howling good time for all! Wear sturdy walking shoes and bring a flashlight. No parking at Alum Spring Park. (Strollers not appropriate for trail). Advance ticket sales only! Raindate: Saturday, October 21st.

#### Call 372-1086 x. 0 or 213 for more information.



### Hobgoblin Hike VOLUNTEERS NEEDED!

Seeking warm-blooded individuals to assist as characters, trail guides, set-up assistance, script writers, and a myriad of other tasks for this annual October event! If interested in donating your body, contact Linda Bailey at 372-1086 ext. 213.

#### **Ghoul School**

(Ages: 8 to 12 yrs)

All your little ghosts and goblins are going to say, "that's gross!" and "oh yuck!" at the classes in this school. We will have a great time carving shrunken heads in art. Plant a glob garden that grows and glows for science. Make fake



blisters in health and play "croaket" and "casketball" in P.E. Then concoct a deliciously disgusting snack to enjoy. Join us for this monstrously fun class...if you dare!

4510.103 Sat, Oct 21

11:00am-12:30pm

1 Session

\$15 City and Non-City Resident Dorothy Hart Community Center Instructor: Sheila Mahoney-Smith

Registration begins: 8/21 City 8/28 Non-City

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Sunday, October 29 3:30pm-5:00pm Dorothy Hart Community Center

\$4 Children ages 4 - 10 yrs \$1 Adults & Children 2-3 yrs Limited number of tickets!! Ticket sales begin: 8/21 City and 8/28 Non-City

We just can't wait for this year's Halloween party! With more games and activities, this year's party promises to be more fun than ever! Perfect for young children, our Halloween Party is an afternoon full of ghosts, goblins, games, and goodies. Everyone is invited, but costumes are a must. A hauntingly good time! Limited number - advanced ticket sales only!! Co-sponsored with the Fredericksburg Optimist Club.

#### **VOLUNTEERS NEEDED!**

Help us give the little ones a very special way to celebrate Halloween...

We need volunteers to help man the games at our party. It only takes a couple of hours, and just watching the joy on the children's



faces as they play our "everybody wins" games makes it really worthwhile. Call 372-1086 x. 208 to volunteer.

Call (540) 372-1086 ext. 0 or 208.

## **Turkey Tales**

(Ages: 4 to 9 yrs)

More than just a Turkey Tale - this class is a celebration of the Thanksgiving holiday. Enjoy making a beaded ornament, a gobbling turkey call, and more. We

may even have time to enjoy a

story or two along the way. All supplies are included. -----

4540.104 Mon, Nov 13 6:45pm-7:45pm 1 Week Session

\$7 City and Non-City

**Dorothy Hart Community Center** Instructor: Parks & Recreation Staff

Registration begins: 8/21 City 8/28 Non-City -----

#### **Nature Crafts for Christmas**

(Ages: 8 yrs to Adult)

Hand-stamped leather bookmarks will make a great Christmas gift as will leaf-printed stationery, hand-dipped candles and more! Plan on leaving with a few fun things to keep or give away! Something for everyone! Fee includes all materials. Wear old clothes (you might get a bit messy) and dress warmly as leather tooling will be done outside. Open to all "Kids" 8 years and older (including adults!)

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6250.102 10:00am-12:00pm Sat, Nov 11

1 Session

\$12 City and Non-City Motts Run Nature Center Instructor: Lisa Crossman

Registration begins: 8/21 City 8/28 Non-City

## **Christmas Crafts**

(Ages: 4 to 6 yrs)

Get your child in the Christmas mood by creating some fun and easy crafts. All supplies are included, so just come ready to create and enjoy the Christmas spirit.

4491.101 Thur, Dec 7 11:00am-12:00pm

1 Session

\$12 City and Non-City Resident **Dorothy Hart Community Center** 

Instructor: Angela Zosel

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Registration begins: 8/21 City 8/28 Non-City

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## **Crystal Snow Palace**

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(Ages: 7 yrs and older)

This palace is fun to create and build and makes a lovely decoration for the holidays. You'll design your own crystal palace and winter wonderland using edible and non-edible materials, so be prepared to lick your fingers! You'll be charmed by your magical creation. Adults are encourage to be kids again and create this lovely palace too. So sign up and join in the fun! All supplies are included.

4510.104 Sat, Dec 9 11:00am-12:15pm

1 Week Session

\$14 City and Non-City Resident Instructor: Sheila Mahoney-Smith **Dorothy Hart Community Center** 

Registration begins: 8/21 City 8/28 Non-City

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#### Hanukkah Fun for Kids

(Ages: 3 to 14 yrs)

Enjoy Hanukkah as we celebrate the traditions of this Festival of Lights through fun crafts and activities. We'll decorate our own star-shaped

dairy snack, create some fun decorations, and even

make our own a magic latke toys! It's an evening of fun, creativity and celebration. All supplies included.

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4642.101 Mon, Dec 11 6:45pm-7:45pm

1 Session

\$7 City and Non-City Resident Instructor: Sonja Wise

**Dorothy Hart Community Center** 

Registration begins: 8/21 City 8/28 Non-City

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# Little Elves Christmas Party

(Ages: 3 to 5 yrs)

Bring your pre-schooler to our small holiday gathering filled with fun and games!. We'll sing, play games, and enjoy seasonal goodies. Parents stay with their child during this party. Register early, limited number of spaces available.

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5030.201 Tue, Dec 19 10:00am-11:00am

1 Session

\$4 City and Non-City Res. per child, Adults attend Free

Instructor: Parks & Recreation Staff **Dorothy Hart Community Center** 

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Registration begins: 8/21 City 8/28 Non-city

More Holiday Fun on page 16.





#### Stories With Santa

(Ages: 2 to 8 yrs)

Gather up the family for a special visit with Santa. Enjoy some cookies and punch while listening to Santa read some of his favorite stories of the season. Then, a quick hop on Santa's lap to tell him how very good you've been this year. Join us for this nice break from the holiday rush. Limited tickets available. Don't wait to sign up.

5330.202 Sat. Dec 16 11:00am-12:00pm \$4 children and \$1 adults

**Dorothy Hart Community Center** 

Tickets go on sale: 8/21 City 8/28 Non-City

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Celebration Crafts for

New Year's Eve (Ages: 2 yrs and older)

Get ready for First Night Fredericksburg (R) - New Year's Eve celebration with our free craft workshop. Come make your very own crown, mask or noisemaker. Then bring these finished items to the Children's Parade at First Night Fredericksburg (R) on December 31st at 8:30pm. Not only will you learn how to make these fun crafts - but you'll be sure to shine on New Year's Eve with your own special creations!! This craft workshop is free to attend at the Dorothy Hart Community Center and includes all supplies. Pre-register due to limited workshop space. The New Year's Even Children's Parade along Caroline Street is free to attend. (\*First Night Admission buttons are required to attend the entertainment venues during First Night.) What a fun way

to ring in the New Year!

5333.211 10:00am-11:30am Thur, Dec 28 5333.212 Thur, Dec 28 6:45pm-8:15pm

1 Session each

Free for City and Non-City Residents. Limited space, must

pre-register.

Instructor: Parks & Recreation Staff **Dorothy Hart Community Center** 

Registration begins: 8/21 City 8/28 Non-City



# Would you like to lead the First Night parade?

Children ages 5-12 submit an essay (due by Nov. 10th):

"Why I want to lead the First Night parade?"

One overall winner will lead the parade! One winner from each age group will carry flags and banners!

All participants can come march in the parade!

With your essay include:

Name, address, phone number, teacher & school Drop off or mail entries to:

Fredericksburg Parks & Recreation Dept. 408 Canal Street, Fredericksburg, VA 22401

For more info call: 372-1086 x215

## Story Stretchers

(Ages: 4 to 5 yrs)

Storytelling is a great time for your children to use their imagination and listen to great stories. Come hear Lisa read a story and then do a craft that relates to the story. This will be a great time for your children to explore their creativity! The theme for the October class will be "Silly Stories" and November's theme is "The circus." There will be no class Oct 9 or Nov 20.



10:00am-11:00am 4572.104 Mon. Oct 2 - Oct 30 Mon, Nov 6 - Dec 4 10:00am-11:00am 4572.105

4 Week Session (No class 10/9 or 11/20) \$24 City, \$32 Non-City Resident **Dorothy Hart Community Center** Instructor: Lisa Crossman

Registration begins: 8/21 City 8/28 Non-City

Classes have limited space - don't wait to sign up. See pages 8 - 11 for registration information.

#### Preschool Art

(Ages: 2 to 5 yrs)

An early childhood art program that allows children to explore a variety of art materials for creative expression. The class will include paints, dough, crayons, colored pencils, stencils, markers and projects. All supplies included. This is only a 3 week class with different projects each session. No class Nov. 23.



11:00am-12:00pm 4092.104 Thur, Sep 14 - Sep 28 3 Week Session for \$18 City, \$24 Non-City Resident

Fri, Oct 6 - Oct 27 11:00am-12:00pm 4092.106 4092.105 Thur, Nov 2 - Nov 30 11:00am-12:00pm 4 Week Session for \$24 City, \$32 Non-City Resident

**Dorothy Hart Community Center** 

Instructor: Angela Zosel

Registration begins: 8/21 City 8/28 Non-City

## Young Einsteins

(Ages: 3 1/2 to 5 yrs)

Let your young Einstein learn more about the wonderful world of science. Each week we will do different experiments as we learn about the world around us. As a young Einstein they will be having fun and learning at the same time.

4812.100 Mon, Oct 16 4:00pm-4:30pm 4812.104 Mon. Oct 23 4:00pm-4:30pm 4812.105 Mon. Oct 30 4:00pm-4:30pm

1 Week Session each at the Dorothy Hart Community Center

\$8 City and Non-City Resident each week

Instructor: Shelly Shipman

Registration begins: 8/21 City 8/28 Non-City

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#### Bird Feeder Fun

(Ages: 3 1/2 to 5 yrs) Hey preschoolers, pop on down to the nature center for some bird feeder fun. We'll create milk carton and pinecone bird feeders, then learn about our feathered friends who might visit them. Be sure to

bring mom or dad along with you!

6220.104 10:00am-11:00am Thur, Nov 16

1 Week Session

\$6 City and Non-City Resident **Motts Run Nature Center** Instructor: Linda Bailey

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Registration begins: 8/21 City 8/28 Non-City

RAD for Kids I

(Ages: 5 to 7 yrs) Help your children learn the

things to look out for and the things they can do to protect themselves should they find themselves in a scary situation. This program is being brought to you in conjunction with the Fredericksburg Police Department as a community service.



Thur, Sept. 7-28 4:15pm-5:30pm 2512..102

4 Week Session

\$12 City or Non-City Residents **Dorothy Hart Community Center** 

Instructor: Fredericksburg Police Department Registration has already begun. Limited space

remains.



Infant and children's clothes, toy s and related items are valuable finds at the Mother's Mart.

# Mother's Mart

Sunday, November 12, 2006 1:00pm - 3:00pm **Dorothy Hart Community Center, 408 Canal Street** 

Pick up some "new" toys and clothes for your children. Or clean out your closets and come sell your children's clothes, toys and baby items. Mother's Mart is the place to be if you have growing kids!

Table Spaces are \$12 each with a limit of tables per person. Spaces fill on a first-come, first-served basis. Registration begins 8/21 for City or Non-City residents. Call 372-1086 for information.



#### Lego Mindstorms

(Ages: 6 1/2 to 12 yrs)

A program designed to provide young students an opportunity to explore the world of science and technology through the construction of robots. Students work in teams to design, construct, and program unique mechanical

creations. This course is recommended prior to "Lego League," a class where experienced students compete nationally in the First Lego League Challenge.

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4516.105 Sat, Sep 30 - Nov 18 12:00pm-1:30pm

8 Week Session

\$129 City, \$149 Non-City Resident Dorothy Hart Community Center

Instructor: Tammie Smith

Registration begins: 8/21 City 8/28 Non-City

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## Young Entrepreneurs 101

(Ages: 6 1/2 to 12 yrs)

A course designed to challenge and inspire the entrepreneurial spirit in your child. Learning basic economics, best business practices, and advertising, techniques students will develop their own business and present their ideas at the DaVinci's Community Showcase. No Class October 9 and November 13.

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4516.101 Mon, Sep 25 - Nov 27 6:30pm-8:00pm

8 Week Session (No class 10/9 and 11/13)

\$129 City, \$149 Non-City Resident

**Instructor: Tammie Smith** 

Registration begins: 8/21 City 8/28 Non-City

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## Space Odyssey: The Astronaut

(Ages: 6 1/2 to 12 yrs)

From ground control to space exploration, your young astronaut will learn the basic physics of rocket launching, plot a course for a space trip, and uncover the mysteries of the Milky Way. Students will design, develop, and present their space project at the DaVinci's Community Showcase.

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4516.103

Tue, Sep 26 - Nov 14 6:30pm-8:00pm

8 Week Session

\$129 City, \$149 Non-City Resident Dorothy Hart Community Center

Instructor: Tammie Smith

Registration begins: 8/21 City 8/28 Non-City

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Children explore creativity with a Parks and Recreation class. We offer a variety of topics to peak your child's interest and introduce new topics. It's a low-stress way to try a new hobby.

#### Little Scientists

(Ages: 6 to 10 yrs)

Your little scientist is going to love this fun, hands-on way to learn about

the world around us. Things may get messy, so wear old clothes. Each session will have different "experiments" All supplies included

ments." All supplies included.

4811.115 Mon, Oct 16 - Oct 30 4:30pm-5:30pm

3 Week Session

\$24 City, \$32 Non-City Resident Dorothy Hart Community Center

Instructor: Shelly Shipman

Registration begins: 8/21 City 8/28 Non-City

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#### CSI, Jr.

(Ages: 6 1/2 to 12 yrs)
Investigate and solve mysteries from crime scenes using the same techniques as professionals. These young detectives will expose fingerprints, match DNA, and reconstruct scenarios to catch the perpetrator.

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4516.110 Tue, Sep 26 - Nov 14 5:00pm-6:30pm

8 Week Session

\$129 City, \$149 Non-City Residents
Dorothy Hart Community Center

Instructor: Tammie Smith

Registration begins: 8/21 City 8/28 Non-City

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# Mark your calendar for Music Mania 2007!

Children 2 - 12 years old

Sunday, February 25, 2007 ● 3:30pm - 5:00pm Come explore the world of music, rhythm, and sound with hands-on fun at the Dorothy Hart Community Center! Tickets go on sale in January.





#### Learn to Knit

(Ages: 12 yrs to Adult)

All supplies included! Just bring yourself and learn how to knit. Learn the basic stitches and leave our class well on your way to a brand new scarf for yourself or someone special. Advanced beginners are always welcome.

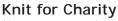
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5063.104 Tue, Sep 5 5:00pm-6:30pm 5063.106 Tue, Nov 14 5:00pm-6:30pm

1 Session each

\$15 City, \$20 Non-City Resident Dorothy Hart Community Center Instructor: Susanne Howlett Registration has already begun.

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(Ages: 8 to 15 yrs)

Come learn how to knit and do something good for the community. In this



class you will learn how to knit several different items and then one of the days you will take your items to Hospice. Come and get to know some people and learn a new hobby. You will need to bring two size 10 needles.

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4021.202 Sat, Sep 9 - Sep 30 10:00am-12:00pm

4 Week Session

\$30 City, \$40 Non-City Resident Dorothy Hart Community Center

Instructor: Nancie Harris

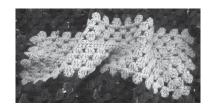
Registration begins: 8/21 City 8/28 Non-City

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Classes have limited spaces. Don't wait to register. See pages 8-11 on how to register today!

#### Ooops! We are human...

Our editors have worked hard to ensure accuracy within our publication. We apologize if something has slipped past our editors. Please call us with any questions.



#### Learn to Crochet

(Ages: 12 yrs to Adult)

All supplies included! Just bring yourself and learn how to crochet. Learn the basic stitches and leave our class well on your way to a brand new scarf just in time for the holidays. Advanced beginners are always welcome.

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5063.102 Tue, Oct 10 5:00pm-6:30pm 5063.103 Tue, Dec 5 5:00pm-6:30pm

1 Session each

\$15 City, \$20 Non-City Resident Dorothy Hart Community Center Instructor: Susanne Howlett

Registration begins: 8/21 City 8/28 Non-City

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#### Theme Park Ticket Sales

The following Kings Dominion tickets are on sale at the Parks & Recreation office (while they last). For details, call (540) 372-1086 ext. 0.

### Good Any Day until Season End

Adult: \$35.50

Child 3 - 6 yrs: \$30.00



# Touch - A - Truck

Just for kids of all ages!!

During our Lunch at Hurkamp Concerts!!

Come touch, see, feel and enjoy BIG trucks and vehicles. A different vehicle EACH WEEK. Available each Tuesday during Lunch at Hurkamp Park Concerts.

September 5 Fredericksburg Trolley
September 12 Coleman's Tow Truck
September 19 Old Time Carriage

September 26 Fredericksburg School Bus

12:00pm - 1:00pm, Tuesdays in September

FREE!

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Call 372-1086 ext. 0 for details.





#### Master of Disaster

(Ages: 8 to 12 yrs)

Become your own Master of Disaster! And no we're not talking about the state of your bedroom. You're going to create and "erupt" your own volcano again and again! Not only that, you will also make a whirling tornado. Both of these disasters you can take home and wreak havoc on your family and friends.

And what disaster wouldn't be complete without an avalanche? That's right, you'll create "snow". It's amazing! Join the fun and have a disastrously good time!

4440.407

4412.407 Sat, Aug 26 11:00am-12:00pm

1 Session

\$12 City and Non-City Resident Dorothy Hart Community Center Instructor: Sheila Mahoney-Smith

Registration has already begun. Limited space remains.

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## American Red Cross Babysitter's Training

(Ages: 11 to 16 yrs)

This is a great class for those girls and guys, ages 11 - 16 who want to start their own babysitting business. Learn how to: interview for a babysitting job, make good responsible decisions, supervise children and adjust your actions based on a child's

age, choose safe age appropriate toys and games, Handle emergency or illness, perform first aid, and respond to life threatening emergencies, perform basic care routines, feeding simple meals/snacks, handle bedtime issues effectively, market yourself safely. This program will give you the confidence and skills you need to be a GREAT babysitter.

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4814.100 Sat, Oct 14 10:00am-4:00pm

1 Session

Fall 2006

\$45 City, \$50 Non-City Resident Dorothy Hart Community Center Instructor: American Red Cross

Registration begins: 8/21 City 8/28 Non-City

#### Recyclables wanted...

Your donation of clean recyclables is appreciated. We use these for children's crafts and events:

empty soda and water bottles - all sizes empty paper towel and toilet paper rolls empty, clean butter and yogurt containers, oatmeal containers, egg cartons, coffee cans, and baby formula containers

You can bring your donation to the Dorothy Hart Community Center any time during regular business hours.



# Stage Door Presents Theater for Children "The Best Christmas Pageant Ever"

(Ages: 8 to 16 yrs)
StageDoor presents Theater for
Children by children. Children ages
8-16 will learn the fundamental and
essential elements of acting,
rehearsing a show, and putting up a
production. We'll be performing "The

Best Christmas Pageant Ever" by Barbara Robinson. Performance dates are December 8-10. Rehearsals will be held Tuesday and Thursdays from 5:30-7:30pm at Walker Grant School beginning October 3rd. No rehearsal on November 23.

4920.100 Tue/ Thur, Oct 3 - Dec 10 5:30pm-7:30pm

(Performances will be Dec. 8 - 10) 10 Week Session (no class 11/23) \$100 City, \$115 Non-City Resident Walker-Grant Middle School

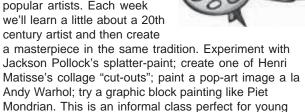
Instructor: StageDoor Productions

Registration begins: 8/21 City 8/28 Non-City

# **Exploring Artists**

(Ages: 8 to 16 yrs)

Do you enjoy art? Do you want to be creative and do different projects? Come explore the talents and techniques behind recent history's most popular artists. Each week we'll learn a little about a 20th century artist and then create



people who love art projects!

4033.125 Thur, Oct 5 - Oct 26 7:00pm-8:30pm

4 Week Session

\$28 City, \$35 Non-City Resident Dorothy Hart Community Center Instructor: Angela Zosel

Registration begins: 8/21 City 8/28 Non-City

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#### Junior Karate

(Ages: 5 to 8 yrs)

Our Junior Karate class is a great introduction into the world of martial arts for your child age 5-8. It's also an excellent way to develop self-confidence, balance, coordination, and discipline. Register early, class size is limited. No class on Oct. 9.

2520.113 4:30pm-5:15pm Mon/ Wed, Sep 11 - Oct 18 Mon/ Wed, Oct 23 - Nov 22 4:30pm-5:15pm 2520.114 2520.102 Mon/Wed, Nov 27 - Dec 20 4:30pm-5:15pm

5 Week Sessions each (No class 10/9) \$30 City, \$40 Non-City Resident **Dorothy Hart Community Center** 

Instructor: Mike Morton

Registration begins: 8/21 City 8/28 Non-City

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## Isshynru Karate

(Ages: 8 yrs to Adult)

A super program for adults and children alike (you must be at least 8 years old) to help develop coordination, muscle tone, and selfconfidence. Mike does more than teach the basic karate movements; he also works on discipline and respect for others. It's a fun, inexpensive way to experience all the value of a martial arts program. And parents, you can take it with your kids — you'll both have fun, and learn something too! (No class Oct. 9th.)

**Evening Karate** 

2530.112 Mon/ Wed, Sep 11 - Oct 4 5:30pm-6:30pm 5:30pm-6:30pm 2530.111 Mon/Wed, Oct 16 - Nov 8 2530.104 Mon/Wed, Nov 13 - Dec 6 5:30pm-6:30pm

Saturday Karate

2530.116 Sat, Sep 9 - Sep 30 10:00am-12:00pm Sat, Oct 7 - Oct 28 10:00am-12:00pm 2530.115 Sat, Nov 4 - Nov 25 10:00am-12:00pm 2530.114 2530.113 Sat, Dec 2 - Dec 23 10:00am-12:00pm

4 Week Sessions each (No class 10/9) \$30 City, \$40 Non-City Resident **Dorothy Hart Community Center** 

Instructor: Mike Morton

Registration begins: 8/21 City 8/28 Non-City

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#### Ooops! We are human...

Our editors have worked hard to ensure accuracy within our publication. We apologize if something has slipped past our editors. Please call us with any questions.

## Horseback Riding Lessons

(Ages: 7 to 12 yrs)

This exciting new program is designed for anyone who is interested in learning to ride. You don't need a horse, or special equipment, just a desire to learn and a love of horses. This is a hands on, get in the saddle class that will cover such topics as Novice Horse Safety, Beginning Ground Training, Grooming,



Tacking (understanding variety of horse equipment) as well as Beginner Riding Skills. A great start for you horse lovers who want to try this beautiful sport. Classes are held out at the lovely White Buffalo Horse Farm in Orange Co. (just off Rt. 20 near Locust Grove). Register early,

class size is limited to 6 riders!

4352. 100	Wed, Sep 13 - Oct 4	5:00pm-6:00pm
4352. 101	Wed, Oct 11 - Nov 1	5:00pm-6:00pm
4352. 102	Wed, Nov 8 - Dec 6	5:00pm-6:00pm
4352. 200	Wed, Jan 3 - Jan 24	5:00pm-6:00pm
4352. 103	Sun, Sep 17 - Oct 8	2:30pm-3:30pm
4352. 104	Sun, Oct 15 - Nov 5	2:30pm -3:30pm
4352. 201	Sun, Jan 7 - Jan 28	2:30pm-3:30pm

4 Week Sessions each \$120 City, \$140 Non-City Resident White Buffalo Horse Farm Instructor: Judy Watson

Registration begins: 8/21 City 8/28 Non-City

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# Beginner & Intermediate Fencing

(Ages: 8 yrs to Adult)

Try out this new Parks & Recreation program. Our trained instructor will teach you the fundamentals of this sophisticated sport. Learn stances and how to foil. At registration you can opt to rent equipment or bring your own. Take this opportunity to get off the coach, and learn something new. Class size is limited, sign up today!

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6:30pm-7:30pm 4444.101 Tue, Sep 12 - Oct 17 4444.105 Tue, Nov 14 - Dec 19 6:30pm-7:30pm

6 Week Session

\$45 City, \$60 Non-City Resident, plus \$20 equipment rental

**Dorothy Hart Community Center** Instructor: Dan Taylor-McNally

Registration begins: 8/21 City 8/28 Non-City

# Starfires Dance n' Cheer

Starfires Call: Terry Beverly (540) 373-2297

Starfires is a continuing and progressive program that your children will love! Uniform prices are not included in class fees below.

# Starfires "Mighty Mites" Dance N' Cheer

(Ages: 1st - 2nd Grade)

This popular program is full of dance movement and cheer action just right for 1st & 2nd graders! These "little ladies" will certainly learn to be "show-stoppers!" The Mightys are included in most of the competitions and shows with the older Starfires.

Meets: Thursdays, 4:30pm-5:30pm (Begins September 14, 2006) Full Year: September 14, 2006 - June 7, 2007 (32 Week Session)

Full Year Fee: \$120 City, \$160 Non-City

Payment Plan: 4 payments of: \$34 City, \$46 Non-City Resident

(Full payment or Payment 1 due on or before Sep. 16.

\$10 late fee added after Sep. 16)

**Dorothy Hart Community Center** Instructor: Starfires Staff

Registration has already begun.

## Starfires "Junior Prep" Dance Team

(Ages: 3rd - 5th Grade)

This energetic class is great for students who want to learn spirited dance routines with an emphasis on rhythm, coordination and "how to become a showman." They will have the added fun of learning basic cheers, chants & jumps! Our Jr. Preps will perform at competitions, parades, shows and a couple of basketball & football games for the Parks and Recreation Department.

Meets: Saturdays, 9:00am-10:45am (Begins September 9, 2006) Full Year: September 9, 2006 - June 9, 2007 (32 Week Session)

Full Year Fee: \$144 City, \$194 Non-City

Payment Plan: 4 payments of: \$42 City, \$56 Non-City Resident

(Full Payment or Payment 1 due on or before Sep 16.

\$10 late fee added after Sep. 16)

Registration has already begun.

#### Starfires "Senior" Dance Team

(Ages: 6th Grade and up)

This is an exciting chance to learn high-spirited dance routines, while developing poise, coordinations & showmanship! Join the awardwinning, team-spirited Starfires and bring a friend with you. No experience necessary. Also includes basic cheerleading techniques. Throughout the school year there are various competitions, parades and other performances planned. This is a great class to prepare for the future or to just have fun now!

Meets: Saturdays, 10:45am - 1:15pm (Begins September 9, 2006) Full Year: September 9, 2006 - June 9, 2007 (32 Week Session)

Full Year Fee: \$144 City, \$194 Non-City

Payment Plan: 4 payments of \$42 City, \$56 Non-City Resident (Full Payment or Payment 1 due on or before Sep 16.

\$10 late fee added after Sep. 16)

**Dorothy Hart Community Center** Instructor: Starfires Staff

Registration has already begun.

## Starfires "Baby Blues" Cheer Team

(Ages: 1st - 5th Grade)

This program is designed to teach our younger students the high-spirited skills & purpose of cheerleading! Learn cheers, techniques, chants, motions, basic stunts, jumps, voice levels & optional tumbling. Team work will be emphasized! Performances will include a few competitions, shows, parades, and some football & basketball games for Parks & Recreation. Limited enrollment.

Meets: Thursdays, 5:30pm-6:45pm (Begins 9/14) Full Year: September 14 - June 7 (32 Week Session)

Full Year Fee: \$144 City, \$194 Non-City

Payment Plan: 4 payments of \$47 City, \$61 Non-City (Full payment or Payment 1 due on or before Sep. 16. \$10 late fee added after Sep. 16)

\*Special: Students also enrolled in Mighty Mites or Junior Prep Dance can pay just \$132 or 4 payments of \$33 each.

Dor. Hart Comm. Ctr Instr: Starfires Staff

Registration has already begun.

5th Grade Policy: A few 5th graders may be qualified for the Senior programs. This is determined by an evaluation by our Starfires instructors within 2 weeks.

# Starfires "Team Blue" Cheer Team

(Ages: 6th Grade and up)

This program is an "over & above" class designed to instruct students exclusively in the sport of cheerleading - with cheers, chants, jumps, stunts and tumbling! Learn fun, spirited, competitive routines, which will be performed on a limited basis during the year. This is a great class for anyone with their eye on future high school tryouts. Limited enrollment.

Meets: Thursdays, 6:45pm-8:45pm (Begins 9/14) Full Year: September 14 - June 7 (32 Week Session) Full Year Fee: \$183 City, \$273 Non-City

Payment Plan: 4 payments of \$52 City, \$76 Non-City (Full fees or Payment 1 due on or before Sep. 16.

\$10 late fee added after Sep. 16)

\*Special: Students also enrolled in "Senior" Dance Team can pay just \$160 or 4 payments of \$40 each. Dor. Hart Comm. Ctr. Instr: Starfires Staff Registration has already begun.





